



Body Taping At LASA Events

Use of Body taping at these events- Can it be used?

Short Answer is NO body taping will be allowed during the Age Groups and Championships and LASA Events, unless the competitor has a letter signed by a medical practitioner and clearly stating that the swimmer will NOT suffer any further injury whilst competing.

The exception to this rule is the use of a plaster to cover an open wound or two fingers being taped together with one providing support to the other.

If use is required you must have reported to the referee/s prior to the session with your coach.